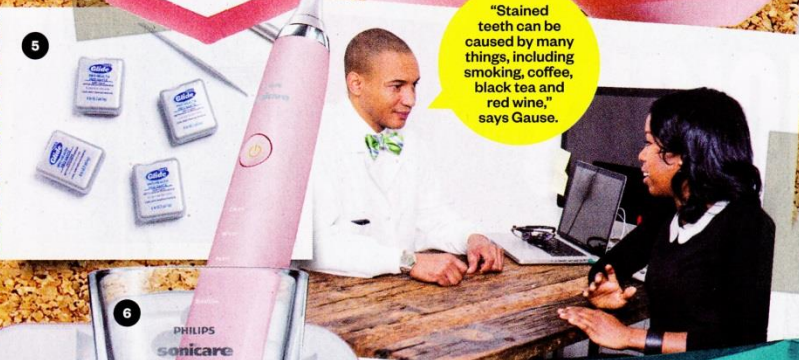


According to Gause, "the best in-office teeth-whitening treatment is Philips Zoom WhiteSpeed."



"Stained teeth can be caused by many things, including smoking, coffee, black tea and red wine," says Gause.



Mouthing Off

A dazzling smile can be your best accessory—and take you far. Studies show that people are more trusting of someone with good teeth than they are of those with great jobs, nice outfits or fancy cars. Since we can all think of good reasons to show off our grins, **Associate Beauty & Grooming Editor Jacqueline L. Yates** visited NYC's Smile Design Manhattan and chatted with Lee Gause, D.D.S., to discover what you need to keep your breath, teeth and gums in mint condition.

DOCTOR APPROVED

1. CREST SENSI-STOP STRIPS (\$17.99 for 6; Target)
2. HELLO BREATH SPRAY AND MOUTH-WASH (\$3.79 and \$5.49; amazon.com)
3. INVISALIGN TEETH STRAIGHTENING TREATMENT (Visit invisalign.com for pricing details)
4. EOS VISIBLY SOFT LIP BALM SPHERE (\$3.29; CVS)
5. ORAL-B GLIDE PRO-HEALTH DEEP CLEAN FLOSS IN COOL MINT (\$3.99 each; mass retailers)
6. PHILIPS SONICARE DIAMOND-CLEAN PINK EDITION TOOTHBRUSH (\$219.99; amazon.com)
7. COLGATE ENAMEL HEALTH WHITENING TOOTHPASTE (\$3.39 for 4 oz.; drugstores)